EYE SURGEON DIRECT

November 10, 2026

Dear Cherished Patients,

My greatest responsibility, pleasure, and blessing has been caring for you and knowing you, many for over thirty years and spanning five generations of at least one family. After thoughtful consideration and prayer I will be retiring from active practice December 31, 2026. This is bittersweet as I enjoy operating now more than ever utilizing the incredible new technology from lasers to lenses I could hardly fathom when I performed my first of thousands of cataract operations almost 40 years ago. I will make sure all postoperative care is complete for each patient.

Rest assured, I have made sure your medical records will be placed in excellent hands with Stone Oak Ophthalmology under the auspices of outstanding physicians and surgeons, Dr. Allison Young and Dr. Jana Waters. Dr. Vasudha Panday, an exceptional corneal specialist, is also available for your continued care. These superb physicians are the ones who will take care of and operate on me and my family. I am pleased you have the opportunity to have them serve as your physicians as well. I cannot express to you how much our patient-physician relationships mean to me and how comforted I am that they will be here for you as I retire.

Your medical records are confidential, and a copy can be transferred to the doctor of your choosing or to another person you designate only with your permission. If you choose to see a different physician, please contact the office to request your records. Otherwise, your records will remain at Stone Oak Ophthalmology.

While this decision has been heartfelt, if not heartwrenching, I look forward to spending meaningful time and cultivating deeper relationships with my eight grandchildren (I'm praying for more), my husband, my four daughters, and my parents, 95 and 91, while I'm still able. I've learned this important lesson from many of you as well. I pray for your continued good health. Thank you for your loyalty and friendship over the years.

Warmest Regards,

Kristin Story Held, M.D.

18586 Sigma Road, San Antonio, Tx * 210-490-6759