



EYE SURGEON DIRECT

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September 28, 2026

Dear Cherished Patients,

My greatest responsibility, pleasure, and blessing have been caring for you and knowing you, many for over thirty years and spanning five generations of at least one family. After thoughtful consideration and prayer, I have decided my last day in the OR will be December 31, 2026. This is bittersweet as I enjoy operating now more than ever, utilizing the incredible new technology from lasers to lenses I could hardly fathom when I performed my first of thousands of cataract operations almost 40 years ago. I've chosen this date so I will be able to provide thorough postoperative care into 2027 as I phase into retirement.

I will always be here for you, and when I completely retire, I have made sure your records will be placed in excellent hands with Stone Oak Ophthalmology now under the auspices of Dr. Allison Young and Dr. Jana Waters. Dr. Vasudha Panday, an exceptional corneal specialist, is also available for your continued care. When I do completely retire, I will notify you. Many of you have asked me to let you know my plans in case you want to move ahead with surgery this year. Many of you have already had cataract surgery, so this will not affect you at this time. I cannot express to you how much our patient-physician relationships mean to me.

While this decision has been heartfelt, if not heart-wrenching, I look forward to spending meaningful time and cultivating deeper relationships with my eight grandchildren (I'm praying for more), my husband, my four daughters, and my parents, 95 and 91, while I'm still able. I've learned this important lesson from many of you as well.

Warmest Regards,

Kristin S. Held, M.D.
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